

<b>12-Week Rotating Training Program</b>	
<b>Time Period</b>	<b>Cohort</b>
November 28-December 1 Challenge Week	Pilot
December 5-February 23	Pilot
February 27-March 3	Team Planning Week
March 6-9 Challenge Week	Cohort 2
March 13-June 1	Cohort 2
June 5-16	Team Planning Weeks
June 19-22 Challenge Week	Cohort 3
June 26-September 14	Cohort 3
September 18-22	Team Planning Week
September 25-28 Challenge Week	Cohort 4
October 2-December 21	Cohort 4