

## CURRENT PROGRAMS

Documents referenced below are available on Manna's website and at Manna.

### Manna's Kitchen To-go Meals

Manna prepares and distributes to-go meals every day for anyone in need. Vegetarian and non-pork options are available.

**Monday - Thursday: 10am - 2pm**

**Friday - Sunday: 10am - 1pm**

### Manna's Kitchen Sit-down Meals

Manna prepares and serves a hot meal four days per week for anyone in need. Vegetarian and non-pork options are available.

**Monday - Thursday: 4:30pm - 6pm**

### Manna's Market In-person Shopping

Manna's Market serves households in Montgomery County. Households can shop twice per calendar month. Before your first visit, you must complete a [Market Intake Form](#), available at this QR Code:

#### In-person Shopping Hours

**Monday: 1:30pm - 4pm**

**Tuesday: 12pm - 2:30pm**

**Wednesday: 5pm - 7pm**

**Thursday: 12pm - 2:30pm**

**Saturday: 9:30am - 12pm**



You must check in before each visit. See page 2.

### Manna's Market Online Ordering

After completing a [Market Intake Form](#), households can choose to order groceries online. Instructions on how to use online ordering are available at this QR code:



#### Online Market Ordering Hours

**Monday: 10am - 1pm | Pick up: 5pm - 7pm**

**Tuesday: 6am - 10am | Pick up: 3pm - 5pm**

**Thursday: 6am - 10am | Pick up: 3pm - 5pm**

### Manna's Emergency Financial Assistance Program

Emergency financial assistance is available for eligible households that live in the North Penn School District. To apply, scan the QR code or go to:

[www.mannaonmain.org/financialassistance](http://www.mannaonmain.org/financialassistance)



### Manna's Shower

Showers are available from 9am to 4:15pm on weekdays. Manna provides shower supplies, including soap, shampoo and towels. Shower availability is subject to change.

## Manna's Market Check In

You must choose one option before each In-person Shopping visit



### Check In By Text Message

Clients can begin checking in by text message starting at 6:00am to reserve their spot in line for In-person Shopping.

To sign up: Text the word "add" and your first and last name to 866-834-2202.  
For example: Add Susan O'Neil

You will receive a text message confirming your place in line.



### Check In Online

Clients can begin checking in online starting at 6:00am to reserve their spot in line for In-person Shopping.

To sign up:

1. Go to [www.waitwhile.com/welcome/mannaonmain](http://www.waitwhile.com/welcome/mannaonmain)
2. Enter your first name and last name
3. Enter your phone number or email address

You will receive a text message or an email confirming your place in line.



### Check In At The Kiosk

Clients can check in at Manna's reception desk kiosk to reserve their spot in line for In-person Shopping.

To sign up:

1. Enter your first name and last name
2. Enter your phone number or email address

You will receive a text message or an email confirming your place in line.

### In-Person Shopping Hours

#### Mondays

1:30pm - 4:00pm

#### Tuesdays

12:00pm - 2:30pm

#### Wednesdays

5:00pm - 7:00pm

#### Thursdays

12:00pm - 2:30pm

#### Saturdays

9:30am - 12:00pm

